

# Global Biking Initiative



## GBI Lanzarote 2022

Let's explore for the first time the Canary Islands with the GBI community. We will spend four days full of cycling and fun while we discover inspiring people, world-famous sightseeing spots, fancy Spanish tapas and a gorgeous countryside. We will stay at a four-star hotel near the beach and will return with unforgettable memories. Don't miss this unique cycling tour!

January 21-24, 2022

Online registration on: <https://www.gbi-event.org/en/events/gbi-lanzarote-2022.html>

## GBI Lanzarote – Explore the home of César Manrique on the Canary Islands



The Spanish Island Lanzarote is the northernmost and easternmost of the autonomous Canary Islands in the Atlantic Ocean. Its moderate climate allows a perfect cycling experience early in the year with temperatures between 19°C and 28°C, almost zero rain and up to ten hours sun shine every single day!

We will stay during the entire period at a four stars hotel at Costa Teguisse, only five km away from the Island's capital Arrecife and twelve km from the

airport. The beach is only a couple of meters away.

We will have the choice of three different challenging routes every day to explore the different highlights of the Island. The prepared tracks follow paved routes only and as the island is quite hilly, you can expect some climbs every day.

Global Biking Initiative (GBI) wants to show you the most interesting places in Europe the sportive way. We are proud of our international participants that make it easy for everybody to make new friends from other countries. Our main goal is a continuous support of charity projects worldwide. We achieve this by engaging the participants to raise funds that support charity projects in their home countries.

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## Tour highlights

- Four star \*\*\*\* hotel in Costa Teguisse incl. breakfast
- Mirador del Rio, in 1970 one of the most important modern buildings in the world
- Haría, living place of the well-known artist César Manrique
- Cueva de los Verdes, an impressive lava tube
- Jameos del Agua, a lava cave with subterranean salt lake and endemic squat lobsters
- Lots of beaches alongside the tracks for spending many hours sun bathing and swimming in the Atlantic
- Salt flats Salinas de Janubio
- Timanfaya National Park, entirely made up of volcanic soil
- La Geria, the largest wine-growing area on the Canary Islands
- A lot of new friends from all over the world and unforgettable moments

## At a glance

Date: 21<sup>st</sup> -24<sup>th</sup> January 2022

Duration: 4 days

Event type: Guided charity cycling holiday

Participants: approx. 10-20, minimum 6

Distance: in total 215 km | 371 km | 608 km on three different tracks

Climb: in total 2.041 m | 4.520 m | 6.991 m on three different tracks

Participation Fee: from 219 Euro (self-organized accommodation) or from 399 Euro (double-room\*\*\*\*)

Latest confirmation whether the tour takes place: 31<sup>st</sup> December 2021 (to registered riders and on our homepage)

Minimum donation for charities in your home country: 50 Euro

# Global Biking Initiative



## Services

- Twin or single room accommodation in hand-picked hotels with breakfast (if accommodation package booked)
- Service car with bike repair toolset
- Pickup service
- Organizing optional joint dinner (at own cost)
- Fast and easy online registration
- Online Briefing prior event
- Several cycling teams with different speed levels
- Any kind of bicycle welcome (Roadbike, MTB, ATB, Pedelec, etc.)
- GPS navigation devices (if required)
- GPX tracks for download
- Route information (track flyer) and daily track briefing
- Personal support (English, German) during the tour
- Nutrition with energy bars, fruits and drinks every day
- GBI bike bottle
- Online photo service
- International participants
- Support of charity projects worldwide
- A lot of fun, unforgettable moments, great international and cross-cultural companionship, challenging moments and radiant eyes

## Not included in the package

- Tips
- Entrance fee for sightseeing spots like Mirador del Río, Cueva de los Verdes, Jameos del Agua, etc
- Lunch
- Dinner
- Any other not mentioned services in the services overview

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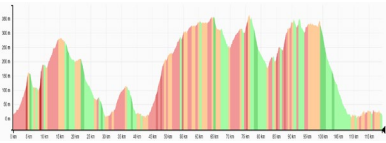
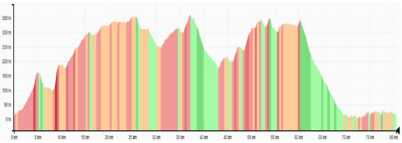
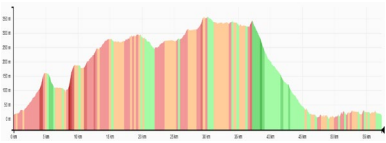


## Day 1: Parc National Timanfaya



After the onsite registration at the Oasis Lanz Beach Mate, we pick our nutrition, join our teams and start cycling west and leaving Costa Teguisse. Passing the César Manrique Foundation South of Tahiche, we shortly arrive after some first climbs San Bartolomé. Track 1 will now head towards the Parc National Timanfaya and cross it on its most east end. Track 2 crosses Timanfaya the opposite way and cross afterwards for a longer distance the National Parc a second time. Track 3 visits the two little villages Caleta

de Famara and La Santa at the North cost first before cycling twice as well Timanfaya. The National Parc provides a unique scenery, fully covered by volcano surfaces without a single green spot. After The National Parc, track 2 and 3 visits La Geria, the largest vine-growing area on the Canary Islands and then join track 1 before returns back to Arrecife, enjoying some drinks at the beach promenade and finally the last five kilometres to our hotel.



Track 1 (58 km – 525 m climb)

Track 2 (82 km – 900 m climb)

Track 3 (121 km – 1.247 m climb)



# Global Biking Initiative



## Day 2: Cueva de los Verdes, Jameos del Agua and Mirador del Río

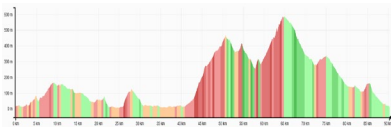
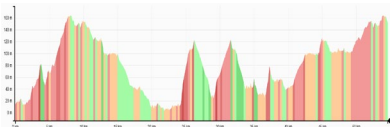


On our second day, we cycle north, some parts alongside the beach. After 25 km, we will arrive at the two sight-seeing spots Cueva de los Verdes and a little bit later Jameos del Agua. Both spots are lava caves and lava tubes, with salt lakes under the surface and with endemic white squat lobsters, only existing in this single little lake on earth. Track 1 cycles back to the hotel to enjoy some hours at the beach or visiting the city. Track 2 and 3 continue north for a short

coffee break at Órzola, the most north point on the island. Afterwards, we start climbing to reach the spot Mirador del Río, when built 1970 one of the most modern buildings in the world. You will be very impressed by the unique view from this completely hidden point to La Graciosa, the little island north of Lanzarote.



After a second coffee, we cycle to Haría, the village César Enrique used to live, and later uphill to Mirador de Haría, where you can enjoy a fantastic view over the island. Track 2 returns then via Teguse and Tahiche (where César Enrique died) to the hotel. Track 3 takes another detour to visit again Caleta de Famara to have a third coffee before heading back to Costa Teguse.



Track 1 (53 km – 486 m climb)

Track 2 (89 km – 1.371 m climb)

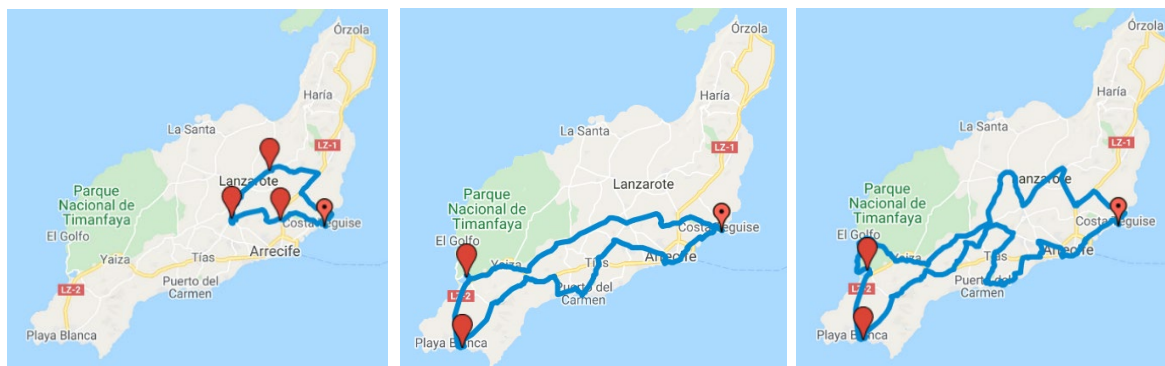
Track 3 (146 km – 1.942 m climb)

# Global Biking Initiative



## Day 3: Salinas de Janubio and Playa Blanco

Track 1 takes a local tour to visit Tegüise (and enjoy a coffee at one of the nice shops in the historic village), San Bartolomé and the Foundation César Enrique. Track 2 and 3 head west until the very west coast where we can see first hand at the Salinas de Janubio, how salt is been produced from sea water. After a break, we continue cycling to Playa Blanco where we can have lunch and spend a couple of hours at the beach before we return to Arrecife (good occasion for another stop) and at the end our hotel.



Track 1 (46 km – 546 m climb)

Track 2 (103 km – 1.212 m climb)

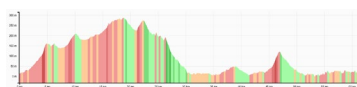
Track 3 (142 km – 1.568 m climb)

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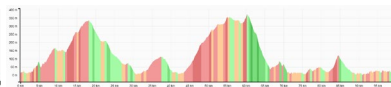
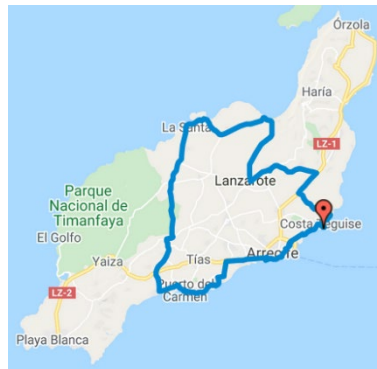


## Day 4: Round the Island

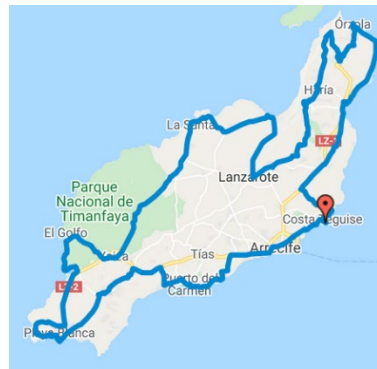
Last day so time for a real challenge! Track 1 will be challenged by visiting all nine beaches between Puerto del Carmen and Arrecife! At every single beach, you'll have the possibility to take a seat and enjoy a drink or jump into the Atlantic and swim a round! Track 2 will bypass those beaches as well, but has to cross the island first twice – up to the beaches in the North at Caleta de Caballo and La Santa for a first coffee. Track 3 will accept the real and ultimo challenge! It takes almost 200 km to cycle once completely around the entire island! A free beer for the finishers of track 3 is the least we can do to honour the real champs!



Track 1 (58 km – 484 m climb)



Track 2 (97 km – 1.037 m climb)



Track 3 (199 km – 2.234 m climb)

# Global Biking Initiative



## Route and Island characteristics

We will only cycle on paved roads, most of them have cycling lanes. On the entire island there is only little traffic (except in Arrecife) and car drivers are used to cyclists, are patient and keep distance from riders. Lanzarote is very popular for cyclists and the infrastructure is therefore good. A lot of professional cycling teams spend here a couple of weeks every year to train during the winter season.



Don't expect a green island like on other islands in the Ocean or Atlantic. Lanzarote is fully covered with Vulcanoes. The entire island is covered in black, nicely speckled with houses painted white. Thanks to César, there are no multi-storey houses and no advertising whatsoever on Lanzarote.

## Our Hotel Oasis Lanz Mate\*\*\*\*



The Oasis Lanz Beach Mate\*\*\*\* (or similar) hotel is located in the centre of Costa Teguise, just 300 m away from the beach. The delux double or single rooms (29 m2) have a private bathroom, balcony, air conditioning, flat-screen TV, minibar, safty deposit box and many more features. We will stay 3/4 nights at this lovely hotel and start our daily tours just in front of the hotel. Our bicycles can be stored in a dedicated cycling storage room overnight.



# Global Biking Initiative



## Prices

	Early bird (November 2021)	Normal Price (December 2021)	Late Registration (January 2022)
Participation fee incl. double-bedroom accommodation and breakfast (21 <sup>st</sup> /22 <sup>nd</sup> /23 <sup>rd</sup> Jan)	399 Euro	449 Euro	499 Euro
Participation fee with self-organized accommodation	219 Euro	269 Euro	319 Euro
Single-room upgrade (21 <sup>st</sup> /22 <sup>nd</sup> /23 <sup>rd</sup> Jan)	180 Euro	210 Euro	240 Euro
Double-bedroom accommodation incl. breakfast without participation (for supporting family member)	180 Euro	210 Euro	240 Euro
Pre-Night double-room (20 <sup>th</sup> Jan)	85 Euro	100 Euro	115 Euro
Pre-Night single-room (20 <sup>th</sup> Jan)	170 Euro	200 Euro	230 Euro
Airport pick-up (20 <sup>th</sup> Jan)	20 Euro	30 Euro	40 Euro

## Joining by your non-cycling friend or family member

You might consider to join the event with one of your family members or a friend but your partner won't cycle but sharing a double-bedroom with you. We support this set-up and you can choose during the registration process an additional bed incl. breakfast in a double-bedroom for the pre-night and the event itself.

## Dinner

We will be organizing dinner for the pre-night and the evenings during the event in Costa Teguisse. These dinners are optional and have to be paid by your own. Based on our experience, these dinners are very welcomed and support the special GBI spirit during the tour.

## We cycle for charity

Each participant commits to raise a minimum donation of 50 Euro to support a charity project in his or her home country.

## Travel advice

Plane: Lanzarote International Airport, Taxi or GBI Shuttle available to the hotel (approx. 12 km)

## Rental Bike advice

Hürtzeler Bikestation Arrecife

e-Bikes CUBE Carbon Disc bicycles available (approx. 30 Euro / day); self-organized

# Global Biking Initiative



## COVID

We will fulfill all required pandemic requirements prior and during the tour. This will include might required limitation of seats per table, social distancing, accommodation, etc.

If required, we will provide the vaccination status of each participant to the hotel upfront.

Please consider that the requirements can change over time; as of early November 2021, Canary Island (and Spain) are not considered as high-incident or mutation area but you'll need to fill out the Spanish Travel Health form prior your travel. Dependent on your country, you might have to fulfil further requirements like a antigen or PCR test, vaccination certification, etc.

## Schedule

<u>Day</u>	<u>Location</u>	<u>Time</u>	<u>Activity</u>
Jan 20 <sup>th</sup>	Airport Lanzarote	07:00-23:00	Shuttle to Hotel (if pre-booked)
Jan 20 <sup>th</sup>	Hotel Oasis Lanz Beach Mate	20:00	Pre-Night dinner (at own costs)
Jan 21 <sup>st</sup>	Hotel Oasis Lanz Beach Mate	08:00	breakfast (for pre-night package only)
Jan 21 <sup>st</sup>	Hotel Oasis Lanz Beach Mate	09:00	Nutrition and preparation
Jan 21 <sup>st</sup>	Hotel Oasis Lanz Beach Mate	10:00	Start in individual teams
Jan 21 <sup>st</sup>	Costa Teguisse (tbd)	20:00	dinner (at own costs)
Jan 22 <sup>nd</sup>	Hotel Oasis Lanz Beach Mate	08:00	breakfast (for accommodation package only)
Jan 22 <sup>nd</sup>	Hotel Oasis Lanz Beach Mate	09:00	Start in individual teams
Jan 22 <sup>nd</sup>	Costa Teguisse (tbd)	20:00	dinner (at own costs)
Jan 23 <sup>rd</sup>	Hotel Oasis Lanz Beach Mate	08:00	breakfast (for accommodation package only)
Jan 23 <sup>rd</sup>	Hotel Oasis Lanz Beach Mate	09:00	Start in individual teams
Jan 23 <sup>rd</sup>	Costa Teguisse (tbd)	20:00	dinner (at own costs)
Jan 24 <sup>th</sup>	Hotel Oasis Lanz Beach Mate	08:00	breakfast (for accommodation package only)
Jan 24 <sup>th</sup>	Hotel Oasis Lanz Beach Mate	09:00	Start in individual teams
Jan 24 <sup>th</sup>	Hotel Oasis Lanz Beach Mate	18:00	closing/tour-end

# Global Biking Initiative



## Track-Overview

### Track 1

<u>Day</u>	<u>Date</u>	<u>Distance</u>	<u>Climb</u>	<u>Highlights</u>
Friday	21 <sup>st</sup> Jan	58 km	525 m	Timanfaya
Saturday	22 <sup>nd</sup> Jan	53 km	486 m	Cueva de los Verdes, Jameos del Agua
Sunday	23 <sup>rd</sup> Jan	46 km	546 m	San Bartolome, Tahiche
Monday	24 <sup>th</sup> Jan	58 km	484 m	local beaches
<b>Total</b>		<b>215 km</b>	<b>2.041 m</b>	

### Track 2

<u>Day</u>	<u>Date</u>	<u>Distance</u>	<u>Climb</u>	<u>Highlights</u>
Friday	21 <sup>st</sup> Jan	82 km	900 m	Timanfaya, La Geria
Saturday	22 <sup>nd</sup> Jan	89 km	1.371 m	Cueva de los Verdes, Jameos del Agua, Mirador del Rio
Sunday	23 <sup>rd</sup> Jan	103 km	1.212 m	Salinas de Janubio, Playa Blanca
Monday	24 <sup>th</sup> Jan	97 km	1.037 m	almost round the island
<b>Total</b>		<b>371 km</b>	<b>4.520 m</b>	

### Track 3

<u>Day</u>	<u>Date</u>	<u>Distance</u>	<u>Climb</u>	<u>Highlights</u>
Friday	21 <sup>st</sup> Jan	121 km	1.247 m	Timanfaya, La Geria
Saturday	22 <sup>nd</sup> Jan	146 km	1.942 m	Cueva de los Verdes, Jameos del Agua, Mirador del Rio
Sunday	23 <sup>rd</sup> Jan	142 km	1.568 m	Salinas de Janubio, Playa Blanca
Monday	24 <sup>th</sup> Jan	199 km	2.234 m	round the entire island
<b>Total</b>		<b>608 km</b>	<b>6.991 m</b>	

Tracks follow paved roads only. If there are enough participants with mountainbikes or gravelbikes, we can offer some off-road legs as well.